



The 3 Day Stampede toward the cure for Cystic Fibrosis
Presents

The 29th annual Walk and Roll a thon

Starting and ending at the Bristol Recreation Field
Site of the 3 Day Stampede on July 26, 27, 28, 2019
Come and help us cure CF!

Sunday, July 28, 2019
Registration at 10:30
Walk at 11:00

Call or e-mail David & Bonita Bedard 802-453-4305 bonita@vermonthoneylights.com for more information

<p>Please Print Clearly: Name: _____ Phone () _____ Address _____ City _____ State _____ Zip _____ Email _____</p>	<p style="text-align: center;">Waiver</p> <p>I, the undersigned, agree to indemnity and hold harmless the Cystic Fibrosis Foundation from all cost, expense and liability arising out of my or my child's participation in this event to benefit the Cystic Fibrosis Foundation. I hereby waive all claims for damage or loss to my of my child's person or property which may be caused by any act, or failure to act, by the Cystic Fibrosis Foundation, its officers, agents or employees arising directly or indirectly from my or my child's participation in this event; and I hereby assume liability for any loss, damage or other liability from such event. Important: Participants under age 18 must have this form signed by a parent or guardian.</p> <p>_____ Participant's Signature</p> <p>_____ Parent or Guardian's Signature</p> <p>_____ Date</p> <p style="text-align: center;">Donations are tax deductible within the limits provided by law.</p>
<p>INSTRUCTIONS</p> <ol style="list-style-type: none"> 1. Participants should ask their relatives, friends and neighbors to make a pledge for each unit completed in the event or a flat total pledge. A unit can be laps, miles, etc. For example, if a sponsor pledges 25 cents per unit and the participant completes 60 units, that person will make a \$15.00 donation to the Cystic Fibrosis Foundation. 2. Record sponsors and other information on this form. Use as many sheets as necessary. 3. Participants should bring this completed sponsor form and the money collected with them on the day of the event. The participant (and parent, if applicable) must be sign the waiver prior to participating in the event. 4. The chairperson at the event site will lead the activities and answer any questions about the day's event. 5. All donations must be turned in within two weeks after the date of the event. <p style="text-align: center;">REMEMBER: SAFETY IS FIRST AND FOREMOST IN EVERY CFF EVENT.</p> <p style="text-align: center;">CHECKS SHOULD BE MADE PAYABLE TO THE CYSTIC FIBROSIS FOUNDATION</p>	

Sponsor's Name	Sponsor's Address	Phone Number	Amount Pledged Per Unit or Total Pledge	Total Amount Collected
Number of Units completed :		Totals this sheet	\$	\$

T-Shirt Sizes: Adult: SM MD LG XL Child: SM MD LG